

# Skin Resurfacing with Secret<sup>™</sup> PRO

MICRONEEDLING PLUS RADIO FREQUENCY & CO2 LASER TREATMENTS



Whether you're managing post C-Section Scarring, Acne Scars, or collagen loss, you've got state-of-the-art treatment options here at Viva Eve with the Secret<sup> $\mathbb{M}$ </sup> PRO. By combining Microneedling with Radio Frequency (MNRF) and CO<sub>2</sub> Laser technologies to unveil your skin's radiance and vitality, you can customize your treatment plan with your provider for high-impact results. The treatment features 4 distinctive treatment modalities for both skin resurfacing and dermal remodeling.

## WHAT SKIN CONCERNS CAN WE ADDRESS?

- C-Section Scarring: Regenerate skin cells to reveal smoother and less visible surgical scarring.
- Stretch Marks: Enhance skin texture, tone, and diminish the visibility of stretch marks throughout the body.
- Hyperpigmentation & Sun Damage: Target areas of hyperpigmentation and damage caused by sun exposure.
- Wrinkles & Fine Lines: Diminish the visibility of fine lines and wrinkles, particularly in areas such as the forehead, around the eyes, and the mouth, as well as improve crepey texture through radio frequency.
- Acne Scarring: Minimize the appearance of acne scars, enhancing skin texture and restoring smoothness.
- Skin Laxity: Tighten the skin non-surgically, by administering radio frequency deep into the treatment area.
- Large Pores & Texture: Reduce the appearance of enlarged pores, leading to a refined skin texture.

## WHAT CAN I EXPECT DURING & AFTER MY TREATMENT?

- **1. Skin Prep:** Your treatment area will be cleansed, then we'll apply topical numbing cream for ~60 mins to minimize discomfort you may experience during treatment
- **2. Treatment:** Your provider will gradually wipe away numbing topical, then glide the handheld device across the treatment area, whether with the MicroneedlingRF tip or the Laser handpiece. Treatment can last 10-20 minutes for most patients.
- **3. Recovery:** Immediately after treatment, your skin will be flushed or red, similar to a mild to moderate sunburn. Some may experience skin flaking, light bruising, or red spots. This may persist for several days.
- **4. Healing:** For MNRF Treatments, you can expect potential redness, flaking, slight bruising or small red spots (~1-3 days). For CO2 laser treatment, expect redness, swelling, browning, flaking and peeling for several days after treatment (~7-10 days). Be sure to follow your skin care healing routine as directed.
  - **a.** If you're acne prone: we may prescribe you antibiotics to curb any potential breakouts after treatment. Talk to your provider about this during your consultation.

#### **CUSTOMIZED TREATMENT PLANS**

Your Provider can tailor the needle depth and radiofrequency energy intensity to match your individual skin concerns, anatomical features, and the treatment area. Deeper settings prove effective for addressing acne scars, surgical scars, and profound wrinkles. Shallower settings are ideal for general skin tightening and refining texture. Depending on your goals, you can include additional CO2 Laser treatment within your plan. You might also only need to consider CO2 Laser and forego MNRF depending on your concerns.

#### WHAT KIND OF DOWNTIME CAN I EXPECT?

Depending on the intensity of your treatment, your goals, and anatomy – downtime can range from 1-10 days. Typically, patients experience redness and mild skin dryness for approximately 5-7 days post-procedure. More aggressive treatments could require up to 10 days for recovery. Most individuals can resume their normal activities within one to two days. Your Provider will do their best to adapt the recovery period to accommodate your lifestyle and specific circumstances, scheduling treatments accordingly.

### WHEN WILL I START SEEING THE RESULTS OF MY TREATMENT?

For MNRF treatments, you will most likely notice results in as little as 24 to 72 hours, but it is important to note that these results are temporary and tend to fade over the week following your treatment. More impactful results become apparent approximately 2 to 4 weeks following treatment, as newly synthesized collagen matures within the skin, providing enhanced support and rejuvenation. To achieve the desired enhancement in skin appearance, particularly for addressing surgical scars and stretch marks, a series of treatment sessions spaced several weeks apart might be necessary.

#### **CONSULTATIONS ARE ALWAYS COMPLIMENTARY**



Book now on ZocDoc or through our staff. Email your dedicated concierge with any questions.

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